

Contents

6	INTRODUCTION		
8	CHAPTER 1: CONTEXT		
10	Introduction		
10	The problems		
10	Climate change		
11	Step by step: Climate change		
12	Diminishing resources and biodiversity		
12	Waste		
12	Allergies and stress		
12	Water scarcity		
13	Population growth		
13	The construction industry		
14	Sustainability and the role of interior designers		
18	Step by step: Design impact		
19	History forgotten		
19	Traditional buildings		
21	Modernist design		
24	Relearning		
26	Disregarding preconceptions		
29	Why this book is required		
30	CHAPTER 2: A SUSTAINABLE APPROACH		
32	Introduction		
32	Embracing compromise		
32	The unsustainable nature of construction		
32	The scale of the problem		
32	Knowing where to begin		
33	Approaching compromise		
36	Considering consequences		
38	Asking the right questions		
39	1. What is the purpose of the project?		
42	2. How long will the interior be required?		
44	3. What energy and water systems are appropriate?		
45	4. What materials are appropriate?		
47	5. What construction methods are appropriate?		
49	6. How will the space function?		
52	7. What will happen to it when it becomes redundant?		
53	Assessment		
54	Case study: LEED assessment		
56	LEED		
56	BREEAM		
56	Ska Rating		
57	NABERS		
57	Green Star Australia		
57	Green Globes		
58	BEAM		
58	CASBEE		
58	DGNB		
59	Case study: Green Star assessment		
60	Step by step: Assessment process		

**62 CHAPTER 3: KEY ISSUES
TO UNDERSTAND**

64 Introducing the key issues

64 Energy

- 64 Impacts of energy use
- 66 Approaching low-energy design
- 67 Step by step: Low-energy design
- 68 Passive design
- 72 Energy efficiency
- 74 Renewable energy systems
- 75 Energy assessment
- 76 Case study: Low-energy design

78 Water

- 78 Impacts of water use
- 78 Approaching water-conserving design
- 79 Step by step: Water-conserving design
- 80 Passive design
- 80 Water efficiency
- 82 Water re-use and recycling
- 83 Flood protection
- 83 Water assessment

84 Materials

- 84 Impacts of materials
- 86 Step by step: Ceramic tile life cycle
- 88 Step by step: Carpet life cycle
- 90 Approaching sustainable specification
- 91 Step by step: Sustainable materials specification
- 92 Specification checklist
- 93 Reduce
- 95 Re-use
- 96 Recycle
- 97 Renewables
- 98 Case study: Choosing materials
- 100 Materials assessment
- 102 Choosing materials
- 102 Base materials
- 103 Flooring
- 104 Finishes
- 105 Fabrics
- 106 Furniture
- 106 Further information

107 Construction methods

- 107 Impacts of construction methods
- 109 Approaching sustainable construction
- 110 Reduce
- 114 Re-use
- 115 Recycle
- 116 Furniture construction
- 118 Case study: Sustainable construction
- 120 Step by step: Flat-pack furniture

**122 CHAPTER 4: PUTTING
SUSTAINABILITY INTO PRACTICE**

124 Introducing the projects

124 Temporary projects

- 134 Case study: Nothing advertising agency
- 136 Case study: Yeshop boutique

138 Flexible projects

- 150 Case study: The Elgar Room
- 152 Case study: Howies store

154 Long-term projects

- 172 Case study: Design Council headquarters
- 174 Case study: Renctas shop

176 CONCLUSION

180 Glossary

180 Further reading

182 Websites

186 Picture credits

187 Index

192 Acknowledgements